

## ABSTRACT OF THE DISCLOSURE

A mobile terminal having a packet communication function according to a mobile IP and a communication route optimizing function includes a session controller for setting a session between terminals in accordance with a session control message of a protocol different from the mobile IP. When a session control message from the other party is received in a visited mobile IP network, the session controller executes optimization of a communication route to the other party by the communication route optimizing function before transmitting a response for the received message.